

Suicide Prevention Resources

AMERICAN ASSOCIATION OF SUICIDOLOGY
www.suicidology.org or call 1-202-237-2280

AMERICAN FOUNDATION FOR SUICIDE PREVENTION
www.afsp.org

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE
<http://www.dbsalliance.org>

JASON FOUNDATION
<http://www.jasonfoundation.com/home.html>

NATIONAL INSTITUTE OF MENTAL HEALTH (NIMH)
www.nimh.nih.gov

NATIONAL STRATEGY FOR SUICIDE PREVENTION
www.mentalhealth.org/suicideprevention/

NATIONAL SUICIDE PREVENTION STRATEGY
www.sg.gov/library/calltoaction/

NATIONAL YOUTH VIOLENCE PREVENTION RESOURCE CENTER
www.safeyouth.org

SUBSTANCE ABUSE AND MENTAL HEALTH ADMINISTRATION (SAMHSA)
www.samhsa.gov

SUICIDE PREVENTION ADVOCACY NETWORK (SPAN)
www.spanusa.org

YELLOW RIBBON SUICIDE PREVENTION PROGRAM
<http://www.yellowribbon.org/>

If you or a friend is experiencing a crisis, call 1-800-SUICIDE today!

Suicide in the United States

Suicide took the lives of 31,655 Americans in 2002.

More people die from suicide than from homicide. In 2002, there were nearly **twice** as many suicides as homicides. Overall, suicide is the 11th leading cause of death for all Americans, and is the **third** leading cause of death for young people aged 15-24.

Males are more than four times more likely to die from suicide than are females. However, females are more likely to attempt suicide than are males with an average of 3 attempts for every male death. In 2002, there was an average 25 attempts for every death with an estimated 790,000 attempts.

In 2002, white males accounted for **73%** of all suicides. Together, white males and white females accounted for over **90%** of all suicides.

Suicide rates are generally higher than the national average in the western states and lower in the eastern and Midwestern states.

54% of suicides in 2002 were committed with a firearm.

Source: www.suicidology.org

Suicide is the SECOND leading cause of death for our college age youth, as well as for ages 15 to 19 in many states. **Wyoming** maintains the highest rate in reference to the state population. **California** was witness to nearly 3,500 suicides in 2002.

Even though white males make up the majority of completed suicides, from 1980-1995, suicide among black youth ages 10-14 increased **233%** and in black youth ages 15-19 suicide rates increased **126%**. For black youth in the South region of the nation, there was an increase of **214%**.

In the past forty years, youth suicide rates have almost **tripled**. Between 1980 - 1996, suicide rates for ages 10 - 14 increased by over **100%**

Source: <http://www.jasonfoundation.com/suicidefacts.html>